

Last Train to Memphis.

32 Counts, 4 Wall, Beginner level linedance.

Choreographer- Martie Papendorf. South Africa. May 2015.

Music- Last Train to Memphis. Bobby Charles. 3.01

136bpm

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Intro. : 40 counts, starting count on 1st "On Board" [+/- 21 sec.]

MTV

<https://www.youtube.com/watch?v=bMpt3MPSdkA>

1 HEEL, STEP, ROCK BACK, RECOVER, FWD, TOGETHER, FWD, STEP

1,2,3,4 Step fwd on R heel lifting L heel keeping L toe on floor, Step L in place, Rock R back, Recover L fwd,

5,6,7,8 Step R fwd, Step L next to R, Step R fwd, Step L next to R [12.00]

2 CROSS, POINT, CROSS, POINT, JAZZ BOX ¼ RIGHT

1,2 Step R across L, Point L to left side,

3,4 Step L across R, Point R to right side,

5,6,7,8 Step R across L, Step L back, Step R to right side making a ¼ turn right, Step L fwd [3.00]

3 SIDE, BEHIND, SIDE, ACROSS, SIDE, TOGETHER, CROSS SHUFFLE

1,2,3,4 Step R to right side, Cross L behind R, Step R to right side, Step L across R,

5,6 Step R to right side, Step L next to R,

7&8 Step R across L, Step L to left side, Step R across [3.00]

4 SIDE, TOUCH, CROSS KICK 2x, &, TOUCH, HOLD, &, TOUCH, HOLD

1,2,3,4 Step L to left side, Touch R next to L, Kick R across L 2x,

&5,6 Step R to right side, Touch L to R, Hold,

&7,8 Step L to left side, Touch R to L, Hold [3.00]

START AGAIN

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YouTube- <http://www.youtube.com/user/LinedanceInTheStrand>