

"Life Keeps Bringing Me down"

Choreographer: Marie Sprensen (Sunshine Cowgirl) - Denmark - March 2013

2 Walls - Easy Improver - 32 Counts

Music: "Life Keeps Bringing Me down" By Alan Jackson

Album: Thirty Miles West

www.amazon.com

Intro: 36 Counts

VINE, SCUFF, ROCKIN` CHAIR

1-2 Step right to right side, cross left behind right

3-4 Step right to right side, scuff left diagonal fwd. right (01:30)

5-6 Cross rock left over right, recover

7-8 Diagonal back rock left, recover (01:30)

STEP ½ TURN STEP, JAXX BOX, CROSS

1-2 Step fwd. left, ½ turn right (07:30)

3-4 Step fwd, left, scuff right fwd.

5-6 Cross right over left, step back on left

7-8 Step right beside left, cross left over right (06:00)

HIP BUMPS 4 TIMES, CROSS, POINT, TOUCH, POINT

1-2 Step right to right side, sway right, left

3-4 Sway right, left

5-6 Cross right over left, point left to left side

7-8 Touch Left beside right, point left to left side (06:00)

CROSS BEHIND, HOLD, CROSS BEHIND, HOLD, COASTER STEP, CROSS, HOLD

1-2 Step left behind right, hold

3-4 Step right behind left, hold

5-6 Step back on left, step right beside left

7-8 Cross left over right, hold (06:00)

RESTART:

During wall 3 - After 20 counts - Facing 06:00

TAGS:

After wall 6 - 4 Counts tag - Facing 12:00 - Sway right, left, right, left

After wall 9 - 4 Counts tag - Facing 06:00 - Sway right, left, right, left

Have Fun!

sunshinecowgirl1960@gmail.com