

"Lord Help Me"

Choreographer: Marie Sprensen (Sunshine Cowgirl) - Denmark - April 2014

4 Wall - Improver - 32 Counts

Music: "Lord Help Me Be The Kind Of Person" By The Bellamy Brothers

Album: Jesus Is Coming

www.itunes.com

Intro: 16 Counts

No tags, no restart !

RHUMBA, LEFT, RHUMBA RIGHT, WALK, WALK, COASTER CROSS

1&2 Step left to left side, step right next to left, step left fwd.

3&4 Step right to right side, step left next to right, step right back

5-6 Walk back left, right

7&8 Step back on left, step right next to left, cross left over right (12:00)

STOMP, SWIVEL, BEHIND, SIDE, CROSS, POINT, TOUCH, POINT, BEHIND, SIDE, CROSS

1&2 Stomp right fwd. swivel right heel to the right side, swivel right heel to center (Weight on left)

3&4 Cross right behind left, step left to left side, cross right over left

5&6 Point left to left side, touch left beside right, point left to left side

7&8 Cross left behind right, step right to right side, cross left over right (12:00)

SIDE, BEHIND, 1/4 TURN SHUFFLE, STEP 3/4 RIGHT, CHASSE LEFT

1-2 Step right to right side, cross left behind right

3&4 1/4 turn right, step fwd. right, step left next to right, step fwd. right (03:00)

5-6 Step fwd. left, 3/4 turn right (Weight in right)

7&8 Step left to left side, step right next to left, step left to left side (12:00)

BACK ROCK, RECOVER, MONTERY 1/4 TURN, BACK ROCK, RECOVER, KICK BALL CROSS

1-2 Back rock right, recover

3&4 Point right to right side, 1/4 turn right, step right next to left, point left to left side

5-6 Back rock left, recover

7&8 Kick left fwd. step left in place, cross right over left (03:00)

Have Fun!

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