

# Mamas Broken Heart



Choreography: Michael Schmidt (2016-03)

Description: 32 count / 2-wall / 2 tags / intermediate line dance

Music: **Mama's Broken Heart** - Miranda Lambert [112 bpm] (02:59)

Info: Start after 16 counts.

## 1-8 Step R, Lock L, Shuffle R, Rock L, Recover, Triple 3/4 Turn L

- 1-2 Step Right forward - Lock Left behind Right
- 3&4 Step Right forward - Step Left together - Step Right forward
- 5-6 Rock Left forward - Recover onto Right \* Tag<sup>1</sup>
- 7&8 Triple Turn ¾ left ( Left-Right-Left ) (3:00)

## 9-16 Cross Rock R, Recover, Chasse Side R, Jazz Box 1/4 Turn L, Step R

- 1-2 Cross Rock Right over Left - Recover onto Left
- 3&4 Step Right to right - Step Left together - Step Right to right
- 5-6 Cross Left over Right - Step Right back
- 7-8 ¼ Turn left stepping left forward - Step Right forward (12:00) \* Tag<sup>2</sup>

## 17-24 Cross L, Point R, Cross Back R, Point L, Sailor Step, Step R 1/2 Turn L

- 1-2 Cross Left across Right - Point Right Toe to right side (*lean Body slightly to the left*)
- 3-4 Cross Right behind Left - Point Left Toe to left side (*lean Body slightly to the right*)
- 5&6 Cross Left behind Right - Step Right side - Step Left side
- 7-8 Step Right forward - ½ Turn left (*weight on Left*) (6:00)

## 25-32 Full Turn L, Cross Side Heel, Ball Cross, Side Heel, Together, Stomp Up, Hold

- 1-2 ½ Turn left stepping Right back - ½ Turn left stepping Left forward \* Finish
- 3&4 Cross Right over Left - Step Left to side - Tap right Heel diagonally right forward
- &5 Step Right beside Left & Cross Left over Right
- &6 Step Right to side & Tap left Heel diagonally left forward
- &7-8 Step Left beside Right & Stomp Right beside Left (*weight on Left*) - Hold

.... keep smiling & repeat

\* Tag<sup>1</sup> & Restart: After 6 counts on Wall 4 (6:00) and 8 (12:00), add the following 6 Counts & restart  
**Coaster Step, Walk back R L R L**

- 7&8 Step Left back - Step Right beside Left - Step Left forward
- 9-12 4 Walks back ( Right - Left - Right - Left )

\* Tag<sup>2</sup> & Restart: After 16 counts on Wall 9 (12:00), add the following 7 Counts & restart with the music  
**Side Rock, Recover, Cross, Back, Side, Stomp Up, Hold**

- 1-3 Rock Left side - Recover onto Right - Cross Left across Right
- 4-7 Step Right back - Step Left side – Stomp (*or Touch*) Right beside Left (*weight on Left*) - Hold

\* Finish Just dance up to count 26 & stomp forward (12:00)  
*and of course greet the Band or the DJ tapping the brim of your hat ... have fun*

Song: [https://www.youtube.com/watch?v=nJf66lZ\\_Shg](https://www.youtube.com/watch?v=nJf66lZ_Shg)

(Miranda Lambert)

Channels

Dance: coming soon

youtube: <https://www.youtube.com/user/BootsInTrouble/videos>

<https://www.youtube.com/channel/UCqOj9WcP-R8-om1ukJoZPA>

vimeo: <https://vimeo.com/bootsintrouble/videos>