

Measure of a Man

Song: Nobody Knows by Kevin Sharpe
Album: Measure of a Man
Choreographer: Sandy Kerrigan (Sydney) Australia January 2009
Foot Stance: Feet Together Weight On Left
Dance Starts On Lyrics

BEATS STEPS FOUR WALL INTERMEDIATE LINEDANCE Version 1

SIDE SCISSOR CROSS, ¼ R BACK, ½ R FWD, PIVOT ¼ R CROSS, R SIDE SHUFFLE

1 2 & 3 4 Step R to R Side, Drag Left Tog, Cross R over L, ¼ R Step Back L, ½ R Fwd R 9:
5 & 6 7 & 8 Fwd L, ¼ Pivot Turn R, Cross L Over R 12:00, Side Shuffle Right

CROSS, ¼ BACK, SIDE, TOG, FWD, SIDE, TOG, FWD, ROCK STEP FWD, BACK

1 2 3 & 4 Cross L Over R, ¼ L Step Back R, Step Side L, Step Tog R, Step Fwd L
5 & 6 Step Side R, Step Tog L, Step Fwd R 9:00 (Modified Box Step)
7 8 Rock Step Fwd Left, Replace Back to Right

360° LEFT, TURNING ¼ BALL CROSS, SIDE, REP, CROSS, ¼ BACK, LOCK SHUFFLE BACK

1 2 & 3 Turning Back L-1/2 L Fwd L, ½ L Step Back R, ¼ L Step Ball of L to L, Cross R
4 & 5 6 Rock L Side, Rep to R, Cross L over R, ¼ Step Back Right 3:00
7 & 8 Lock Shuffle Back –Stepping Back L, Cross R over L, Step Back L

PUSH TURN ½ R, REP, ½ R FWD, LOCK SHUFFLE FWD, PUSH BACK, ½ L FWD, STEP FWD, SIDE HIPS SWAY L, SWAY R, STEP TOGETHER L

1 & 2 Push Turn ½ R fwd R 9:00, Rep back to L, ½ R Step Fwd R 3:00
3 & 4 Lock Fwd-Stepping Fwd L, Lock R behind L, Step Fwd L 3:00
5 & 6 Push Back to R, ½ L Step Fwd L, Step Fwd R 9:00
7 8 & Sway L to L Side, Sway R to R Side, Step Tog L 9:00

32

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